

# Darcel Dillard-Suite, M.S.

Professional Transformation Specialist

**Author & Motivational Speaker:** Darcel speaks nationally on human interest, organizational wellness, and professional development topics. As a former national news producer with CBS Evening News, PBS, and Fox News, Darcel leverages over 20 years' experience in professional broadcast news producing and storytelling in the areas of healthcare, business, mental health, and change management.

**Speaker Interest:** Keynote, workshops, business and organizational retreats, colleges, and universities. Women's groups and sports entities.

**Podcast:** Long Life Short Stories is aired on Apple, iheart Radio, Amazon and several platforms that showcase her inspirational messages

**Educational Accomplishments:** Darcel earned her Bachelor of Arts degree from Barnard College, Columbia University, and a Master of Science degree from the Columbia University Graduate School of Journalism in New York, and a Business Development certification from the Tuck School of Business, Dartmouth College. She holds an Executive Life Coaching certification from Cornell University, and a Sports Social Work Certification from the National Alliance of Social Workers in Sports (AWSIS).

**Delivering, Insight, Inspiration and Action!**

## Topics/Themes

- o Women's Empowerment & Women's Wellness
- o Mental Health & Workplace Wellness
- o Stress & Business Burnout
- o Longevity, Healthy Living & Social Norms
- o Sports & Peak Mental Performance
- o Conflict, Communication & Team Building



To Book Darcel and discuss rates  
**email: [info@darceldillardsuite.com](mailto:info@darceldillardsuite.com)**